

# DISCIPLE BUILDING

## *What is Disciple Building?*

Disciple building is a biblical imperative, a primary task for the Church (Matthew 28:19-20). WDA defines disciple building as the process of developing well-formed Christ-like maturity in people, and equipping them to disciple others.

The goal of disciple building is maturity - the capacity to think, feel, and act like Jesus!

WE  
**TRAIN**  
LEADERS

WE  
**CREATE**  
CURRICULUM

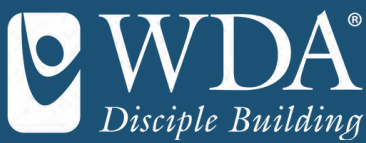
WE  
**BUILD**  
DISCIPLE BUILDING  
CULTURE

## More than just a Program

Christ's approach to creating a Disciple Building Culture is about:

- Life-on-life discipleship
- Equipping the saints for ministry and discipleship
- Breaking down strongholds that prohibit growth
- Teaching people to obey everything Christ has commanded
- Cultivating a healthy, safe, and mature environment where growth never stops taking place
- Building disciples who build disciples

BUILD A  
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"WDA can help a church develop their disciple building environment, big picture to small details. They've really nailed a comprehensive disciple building methodology derived from Scripture."

TODD BRIGGS  
Pastor of Midtown Church | Atlanta, GA

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WDA builds disciple builders who reach the next generation, equip church leaders, and mobilize international disciple building movements.

## WDA Disciple Building Ministries

### Programs you can implement in your church now

- Cornerstone
- Leadership Institute
- Restoring Your Heart

### Extra WDA training to develop your leaders

- Christ-Centered Life Coaching / Disciple Building Training
- Next Generation
- International Trainer Development

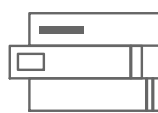
"I'm interested in developing a Disciple Building Ministry or Culture"



### Get Resources

Ready to dive right in?

Head over to [disciplebuilding.org](http://disciplebuilding.org) or [Smile.Amazon.com](http://Smile.Amazon.com) to find valuable resources to aid you in starting small groups.



### Order a Disciple Building Starter Kit

Special order a Disciple Building Starter Kit for your church or ministry today.

A WDA Consultant will be in touch with you to start building a relationship!



### Get in Touch with WDA

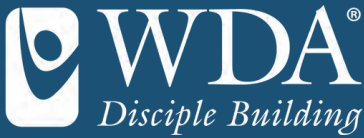
Not sure where to start?

We Listen. Taking the time to understand who you are and the unique identity of your church or ministry allows our team to provide insight and direction that meets your needs.

Join the movement at [disciplebuilding.org](http://disciplebuilding.org)



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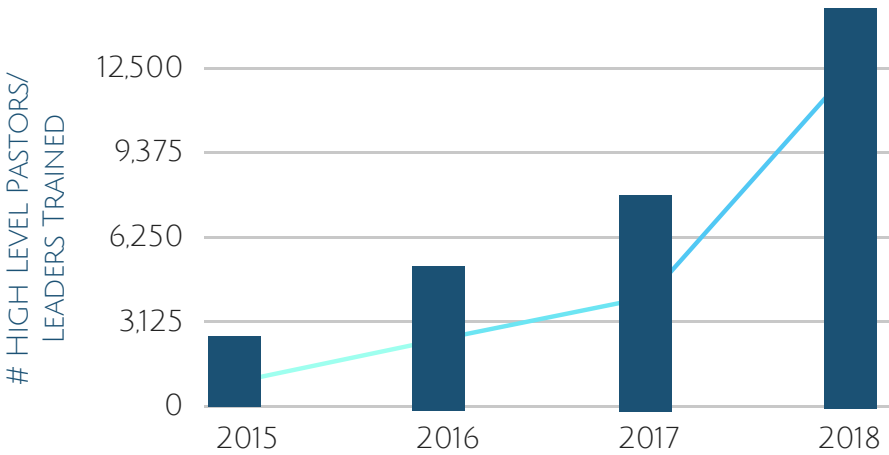
# DISCIPLE BUILDING

Worldwide Discipleship Association builds disciple builders who:

- *Inspire & Equip* the next generation
- *Restore* marriages & families
- *Train* church & community leaders
- *Mobilize* international disciple building movements

## What is Disciple Building?

Disciple building is a biblical imperative, a primary task for the Church (Matthew 28:19-20). The goal of disciple building is maturity - the capacity to think, feel, and act like Jesus! - and multiplication - disciples who build disciples!



Since 2015, **21,149** high-level leaders have been trained & have discipled **343,085** people who are leading others to think, feel, & act like Jesus.

WITH YOUR HELP  
WORLDWIDE DISCIPLESHIP ASSOCIATION  
WILL BUILD **1,000,000 DISCIPLES WHO DISCIPLE** BY 2022\*

\*By 2022, WDA will train & equip 15,000 high-level leaders who will train 100,000 group leaders who will teach, train & mentor 1,000,000 disciples to be prepared to disciple others.



# RESTORING YOUR HEART

## *Achieving Freedom from Emotional Darkness*

A Disciple Building Church recognizes that true discipleship goes hand in hand with relational restoration and emotional freedom. Growth is stunted or withers when healing does not take place. Individuals, congregations, and communities THRIVE when healing is orchestrated.

### What is Restoring Your Heart?



RYH is a ministry designed to help people in churches heal emotionally and relationally. This ministry was created for anyone who has ever experienced pain, rejection or disappointment.

A RYH Ministry uses trained lay leaders to help people through a healing process whereby they will have healthier relationships, including their relationship with God. Emotional and relational healing is an integral part of the discipleship process and was modeled by Jesus as He taught His disciples.

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**"20% of the people in the Church are struggling with such severe problems that they never make much spiritual progress... About 60 % are able to grow spiritually but are hindered in significant ways because of unaddressed emotional issues.."**

**THAT'S 80% OF THE CHURCH!**

**JACK LARSON**

Dir. of Restorative Ministry, Worldwide Discipleship Association | Author of *How Emotional Problems Develop*

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## How is RYH implemented?

The RYH Ministry is implemented through confidential gender-specific small groups working through the RYH developed curriculum. These groups are led by trained\* facilitators.

One-on-one facilitation may sometimes be necessary.

## RYH Training\*

The RYH training process takes approximately one year and involves both teaching and experiential learning about emotional issues. During this process, future RYH leaders will process through their own pain and learn many principles about emotions, relationships, childhood issues, and adult problems, and group dynamics.

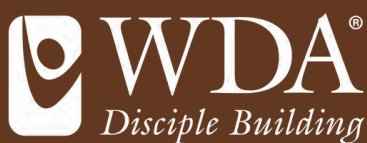
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\*Workbooks available on [Smile.Amazon.com](https://www.smile.amazon.com) | Starter Kit available at [disciplebuilding.org](https://disciplebuilding.org)

The Spirit of the Sovereign Lord is on me, because the Lord has anointed me  
TO PROCLAIM GOOD NEWS TO THE POOR,  
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to PROCLAIM FREEDOM FOR THE CAPTIVES  
and RELEASE FROM DARKNESS for the prisoners,  
to bestow on them  
A CROWN OF BEAUTY INSTEAD OF ASHES.  
Isaiah 61:1-3 NIV

Learn more at [restoringyourheart.com](https://restoringyourheart.com)



# CORNERSTONE

## *Laying a Foundation for Maturity*

A Disciple Building Church ensures, within the context of relationship, that the foundational truths of faith in Christ are understood and rooted deeply within the believer; so when doubts and trials inevitably come, they stand strong in the midst of the storm.

### What is Cornerstone?

Cornerstone is a program you can implement in your church right now to create strong, firmly rooted believers.

The Cornerstone Program helps new believers develop the strong foundation needed for future growth and ministry engagement. And it provides more mature Christians with an opportunity to strengthen and stabilize their faith by revisiting basic doctrines and experiences of the Christian life.

### How to implement Cornerstone

Cornerstone is best implemented using a strategic mixture of curriculum, life-on-life discipleship, and small groups.

Training is available for leaders who are interested in establishing a Cornerstone ministry in their church or organization.

Jesus said, "The seed falling on rocky ground refers to someone who hears the Word and at once receives it with joy. But since they have no root, they last only a short time." Matthew 13:21 NIV



Too often, churches rush a new Christian through a "follow up" class and then immediately urge them to develop a personal ministry such as teaching Sunday school, leading a bible study, joining the evangelism team, etc. When this occurs, problems that could have been avoided often develop later. The Cornerstone program is designed to correct this situation.

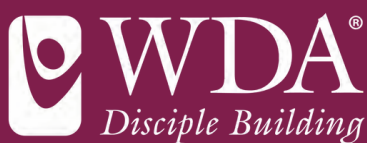
**BOB DUKES**



\*Workbooks available on Smile.Amazon.com | Translations available in Spanish, etc.,

## At the completion of the Cornerstone program, a disciple will be able to:

- Understand and experience the assurance of their salvation
- Begin reading the Bible & praying
- Make a public declaration of faith
- Share their personal testimony
- Understand the importance of fellowship to their spiritual growth
- Participate in a community group
- Begin developing a basic knowledge of God's Word
- Have the tools necessary to begin a daily Quiet Time
- Develop intimacy with the Lord
- Learn how to walk obediently with God daily
- Expand their view of who God is
- Learn to pray conversationally
- Understand that everyone is created in the image of God
- Learn how the Fall affected relationships
- Understand that every person has God-given needs and emotions
- Understand the process of knowing God's will & plans
- Learn the process & dimensions of spiritual growth
- Learn about the role of God & people
- Learn more about the Holy Spirit
- Understand more about spiritual warfare
- Use the Word, prayer, fellowship & service as vehicles for spiritual growth



# LEADERSHIP INSTITUTE

## *Developing Strong Leaders*

Jesus came to build leaders for His Church.

A Disciple Building Church builds mature and effective leaders and gives them responsibility over ministries that, in turn, also produce mature and effective leaders.

### What is Leadership Institute?

The Leadership Institute is a program you can implement in your church right now to build up leaders for your ministries.

Formed around the pattern of Jesus, and designed for those who possess a strong personal relationship with God, the Leadership Institute prepares church members to lead ministries & equip others.

The Leadership Institute consists of segments organized around a progressive curriculum of Biblical concepts, ministry skills & situational immersion.

### Who is the Leadership Institute for?

Participation is encouraged based upon disciple's level of maturity and prior ministry experience. It is highly suggested that participation be by-invitation-only. (The Christian Growth Checklist\* is helpful in evaluating readiness.)

- Church members who have displayed a certain level of maturity
- People who have prior ministry experience (not necessarily in a leadership capacity)
- Current leaders of ministries

*A healthy church has healthy ministries led by healthy leaders.*

Leadership experience and skills are important, but more important are leaders who are being conformed to the likeness of Christ. When this occurs, God is glorified.

The ultimate goal is encouraging people to be Christlike servant-leaders, equipped to love Christ and His people sacrificially.

**BOB DUKES**

President, Worldwide Discipleship Association

## How to implement Leadership Institute

Invite those you feel are “ready” for leadership development to participate in a Leadership Development Group (refer to “Christian Growth Checklist” on [disciplebuilding.org](http://disciplebuilding.org)).

Training is available for churches and organizations interested in developing leaders to drive & sustain disciple building movements.



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Begin building leaders in your church today.

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# LIFE COACHING

## Meaning of Life Coach

Used in the business world, Life Coach refers to someone able to help others become profitable in commercial ventures. In athletics, it's a person who prescribes workout routines to maximize physical strength and prowess. Used in a more general sense, it means anyone skilled at helping others remain focused and goal-driven. Sometimes a Life Coach can be someone the 'disciple' has never actually met face-to-face. In these cases, the insights are gleaned from books, by attending conferences or even online.

## What is a WDA Life Coach?

It's about Christian leaders who are willing to invest their knowledge and experience and even their very lives so that others might learn to think, feel and act like Jesus. A Spiritual Life Coach is a person who, in the midst of a caring relationship, imparts truth that changes the life (conduct/character) of another, gradually helping the disciple become more like Jesus Christ. In WDA, we often use the phrase, "meeting people where they are, helping them take the next step®" to describe the Life Coaching process. Those who are helped may not fully realize it until later, but they're forever impacted by the life and example of these leaders.



# RESOURCES

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Learn more at [restoringyourheart.com](https://restoringyourheart.com)

A REQUEST FOR ROBINS, ESKEW, SMITH & JORDAN TO BE A SPONSOR OF THE WDA 2018 RYH FREEDOM GALA



LOCATION: NEW HOPE CHURCH - FAYETTEVILLE, GA    ATTENDEES: 250+ FROM GREATER ATLANTA

## ANCHOR

\$20,000

- GOLD Level Recognition + PLATINUM Level Recognition +**
- RESJ promo video (supplied by you)

## PLATINUM

\$10,000

- GOLD Level Recognition +**
- RESJ poster near stage

## GOLD

\$5,000

- Program recognition
- Bob Dukes autographed copy of Maturity Matters
- Digital Media Shout Out
- Opening platform thanks
- Closing platform thanks
- Slide Show recognition

## Benefits of Sponsorship

By Sponsoring the RYH Gala, Robins, Eskew, Smith & Jordan will:

- Help ENHANCE the reach of RYH around ATL & the world
- IMPACT marriages & families, helping them to thrive, parent well, and achieve health & wholeness
- Continue to be recognized as a prominent COMMUNITY builder

The Restoring Your Heart Freedom Gala will be a time to hear global & local testimonies, honor those who have experienced RYH, and provide an opportunity to give generously so that others may experience this transformative ministry designed to help people heal emotionally & relationally.

Keynote Speaker: Romal Tune, Author of "Love is an Inside Job" & Founder of ClereStory

**ATL Ministries**  
impacted by RYH



A BETTER WAY MINISTRIES  
CITY OF REFUGE  
CUMBERLAND COMMUNITY CHURCH  
GATEWAY CENTER

GRIFFIN CHRISTIAN WOMENS CENTER  
GRACE MIDTOWN CHURCH  
LEGACY CHRISTIAN CHURCH  
MIDTOWN CHURCH  
PINEY GROVE BAPTIST CHURCH & MORE



A REQUEST FOR CHICK-FIL-A TO BE A SPONSOR OF THE  
WDA 2018 RYH FREEDOM GALA



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